

Helen Content Warning

Grief - Grief is a central theme of the play and is explored throughout. The play begins with the death of a parent and husband.

Death - There are two deaths in the play. The first scene takes place in a hospice at the moment a father and husband dies from a long term illness. The last scene takes place shortly after a character dies from a long term illness.

Eating Disorders - There are references to eating disorders throughout the play. One scene takes place in hospital following a character being admitted for this.

Alcoholism - There are regular references to alcoholism in the play and several scenes explore the impact of this on both individuals and their families.

Postnatal depression - One scene explores postnatal depression.

Cancer - The first scene involves the death of a husband and father from cancer.

Dementia - In one scene towards the end of the play a character has middle stage dementia. The final scene of the play takes place shortly after this character has died from the illness.