

SUPERNOVA – CONTENT INFORMATION

Bereavement - Lucy is grieving the loss of her father. The play starts on the night of his funeral, and Lucy's need to see him again drives her desire to go back in time. Cremation is mentioned on several occasions

Self harm - At one point in the play, Lucy deliberately smacks her head off the table. She does this twice. She also lies down by a busy road, immediately after she has given up on her old life.

Nihilism / Despair / Losing grip on reality - At certain moments, the characters confront feelings of nihilism and the world around them being pointless. They also start to question what is real. This could be understood as depression.

Mention of Violence- There is mention of one character having thrown a toaster at another. We do not actually see this occur.

Relationship breakdown - The play explores the disintegration of a long term relationship, within the context of one person in the relationship also experiencing grief and feelings of nihilism and despair.